



LIGHT & DARK



Theme Newsletter

For this topic we will be looking at objects which provide light, such as lamps, torches, fire, the sun and the moon. We will investigate dark places and think about how the dark makes us feel. We will be talking about the days becoming darker during November and December and looking at day and night.

We will be learning about light and celebrations, Diwali, Hanukkah and Advent. We will be thinking about jobs people do at night time, the emergency services and thinking about the importance of keeping safe when it is dark, wearing reflective clothing and road safety.

Language

New vocabulary:

Dark, night, scared, black, gloomy, light, illuminate, shine, twinkle, sparkle.



Snack/ Cooking
We will have lots of seasonal fruit and vegetables and for a treat some hot chocolate and toast!

Stories, Songs & Rhymes

Stories about light and dark including:
Fox In The Night
Goodnight Moon
Day Monkey, Night Monkey

Songs:
The Owl Who Was Afraid of the Dark
Twinkle, Twinkle
Wee Willie Winkie



We will continue to do our Phunky Foods activities and games. There are lots of lovely recipes to try at home such as Rainbow Salad, Hasta Be Pasta, Supercrunch Pudding, Super Squashy Soup, Sausage and Bean Hot Pot, Apple Scrunchies, Apricot and Orange Pudding, Fruity Christmas Trees, Christmas Triangle Treats and lots more. For the full range of recipes visit www.phunkyfoods.co.uk/



We will be learning about nocturnal animals, reading 'Day Monkey, Night Monkey' as a core text.

We will be thinking about the moon and stars, rockets and aliens!

We will be using our dark den to experience being in the dark.

We will talk about bedtime routines, brushing our teeth and bedtime stories.

